

November 2022

Personal health and social education (PSHE) + relationships (RSE)

Dear Parent/Carer

It's a busy time for PSHE/RSE at Paulet over the coming weeks, with several events taking place for year 7 to 11.

Year 8 Character Day

As part of the school PSHE/RSE & character development programme, we have arranged a 'drop down' day for our year 8 cohort. This will take place on Friday 25th November 2022 and will provide an ideal opportunity to discuss some of the 'bigger issues' such as the changing adolescent bodies and online safety. The year 8 students will have their usual timetable suspended for the morning and will instead take part in a variety of sessions including mental health, equality, and resilience. On the day students will complete a healthy lifestyle session delivered by the PE department which may involve elements of physical activity. Therefore, we ask that your child arrive to school in their PE kit

Chelsea's choice – Years 7, 8 and 9

Alter ego creative solutions are coming to Paulet on Friday 25th November to deliver the 'Chelsea's Choice' production to our students in years 7, 8 & 9. This is a hard hitting performance which tackles online safety, consent and grooming. Members of the safeguarding team will be available as always to support students.

Anti-knife intervention – Years 7 to 11

Street Whyze Project will be delivering assemblies to all students in years 7 to 11 on Thursday 1st December.

The assemblies to be about raising awareness, staying safe, glorifying gang culture and knowing the consequences of carrying (and using) knives.

All elements of PSHE and relationships and sex education at Paulet High School are age appropriate. If you have any questions please contact the school,

Yours sincerely

Mrs. V Deer
Deputy Head Teacher + Safeguarding Lead

MRS. C. Rowan
PSHE Coordinator

