

Week beginning	6 th October 2025		Week	A	B	Menu Week 3
Personal Development theme (extended form is Friday)	7	Sleep and relaxation	10	Promoting emotional well-being		
	8	What makes me angry	11	Study Skills		
	9	How self-esteem changes	6 th Form	12 – Producing a compelling CV 13 – The Gig economy explained		
Theme of assemblies	World Mental Health Day – combatting low mood through Joy			Year Leader Assemblies		House Assemblies
Career of the week: University Lecturer	Here is our career of the week! Our hope is that you will watch this short clip with your child and discuss it together. JOB OF THE WEEK - EPISODE #91 - UNIVERSITY LECTURER					

News and messages from Mr McArthur

Happy weekend everyone! We had a full school fire drill at 2.45pm yesterday (Thursday). The students were excellent as they came out and organised themselves into Form Group lines which is a return to the system we had in place a few years ago.

Our Open Evening was a triumph with over 100 of our students helping on the night demonstrating what our school has to offer and showing families around. I really do think that the effort our students put in on Open Evening is a major contributing factor towards our Year 7 cohorts being over-subscribed every year – let's hope that continues. If you are a year 11 parent, or know others from other schools, please promote our 6th Form Open Evening Next Wednesday.



Congratulations to Mali and Holly whose artworks were selected as finalists in the East Side Art Event hosted by Brizlincote Parish Council on Saturday 27th September.

Congratulations also to Rennay, Caitlin, Enija, Belle and Georgia whose artworks were shortlisted in the event.

On Wednesday 22nd October it is our annual 'Empowering Families to be Support Savvy' evening – 5pm to 7pm. Please come along to meet many of the agencies that work with us to support our families with a variety of topics.

Our school reopens, after a long weekend, at 8.27am on Monday, 6th October.

Have a great weekend,



Ian McArthur
Headteacher.

Paulet High School Invites you to...
Empowering Families to be Support Savvy
Date: Wednesday, 22nd October
Time: 5:00 PM – 7:00 PM
Location: Paulet High School

Highlights Include:

- Free prize draw - win a hamper!
- Rare opportunity to meet our partner agencies who support our students and their families.
- Find out about support available within Paulet and talk to those delivering it.

Register Interest Now email n.bradley@psh.jtmat.co.uk with your full name (you will also receive an extra entry into the prize draw.)



Student(s) of the week



Thank you and well done to Zac, Lucy, Jasmine, James and Lily for preparing speeches and delivering them to hundreds of young people and their parents and to Vanessa and Rose for entertaining us on the piano at our Year 7 Open Evening last night. It is always a daunting undertaking, especially for Year 7 students who are so new to us, and they all performed admirably making me a very proud Headteacher!



Staff Profile... who's who!



We had a number of new colleagues join us in September so I thought it would be a good idea to feature some of them over the coming weeks. This week is Keith Holden who has joined our Premises Team. In conversation with me, Keith said:

'I'd like to thank the staff and pupils as I've had such a warm welcome. When I'm not fixing parts of the school, I am either spending time with my family doing all kinds of things from taking our dog on different scenic walks, taking my daughter to her dance class which I have joined in with the other dancing dads, to being at our favourite place, the beach, or I'm playing golf. I broke my leg back in 2011 playing football and I could no longer play at the standard I got to so I took up golf having been introduced to it by an old colleague... and now I'm hooked!'

Member of staff	Year group(s)	Noice:
Miss Lowson	11	Past paper club for Physics is on Thursday afterschool in SC3. Come and do a past paper and improve your grade.
Mrs McArthur	All	Printed below are the links to the two DFE documents I referred to in the Achievement Matters evenings.
Miss Lowson	11	Physics drop-ins will be on Tuesdays at lunch time in ML2. Bring your lunch along. All are welcome. Subject is Radiation.
Miss Wilford	KS4	GCSE Spanish students to learn key nouns.
Mrs Ireland	Parents	If you have a career that you would like to share with our students, please email me to come in and do a lunchtime talk. We would like to restart our 'lunch with a...' careers talks as they proved very popular last year. k.ireland@phs.itmat.co.uk
Miss Dartford	KS3	Art Club Thursday after school in AR2 3 – 4pm
Mr Ford	12	If you have any revision guides that were issued by school (all subjects) and are in good condition, please can you return them.
Pastoral team	Parents	If your child has outgrown any of their school uniform and it is no longer required, we would be most grateful if you could drop it off at reception as we can re-use it. No hoodies please.
Mr Peach	All	Coming soon-code Club. If you are interested in coding or computer programming, look out for more information from Mr Peach soon.
Miss Dalby	All	Win one of five £250 National Book Tokens, see below: Help them write their next chapter – win one of five £250/€250 National Book Tokens! National Book Tokens

Mrs Gadsby Miss Boston	All	Drama club - Wednesday lunch time - Every week - Anyone welcome! PA2
Miss Boston	All	Auditions for 'Blackheart Manor' are taking place on Thursday 9 th October - please see Miss Boston or Mrs Gadsby if you are interested.
Data manager	Parents	If you haven't yet set up your MCAS account, you can contact j.woodberry@phs.jtmat.co.uk or call the school office and ask for Jo Woodberry. MCAS is where you can see timetable, attendance, behaviour and home learning information. We will be sending out reports in MCAS instead of Go for Schools
Mr Jackson	All	Sports clubs from 3-4pm. Tuesday- Girls football (courts or field-bring boots if you have them & trainers) & Badminton (sports hall) Wednesday- Boys football (field) Thursday- Netball (sports hall) ALL clubs are open for ALL year groups! Fixtures: Monday 6th -Y9 boys' football away v John Taylor Tuesday 7th- Y7/8 girls' football @ Burton Albion Wednesday 8th- Y7 girls' netball @ De Ferrers
Mrs Farrimond	11	Chemistry drop-in sessions run Monday Lunch time in SC1 with Mrs Farrimond. This is for combined and separate chemistry students
Mr Parker	7 & 8	Science club Tuesday 3-4pm in SC2
Mr Parker	7 & 8	Pokémon club Monday lunchtime in SC2
Miss Dalby	8 & 9	A reminder to those attending Percy Jackson the Musical to pay for the trip on ParentPay. Students have also received a letter from Miss Dalby with updates, please read this.
Dr Banks	All	Home Learning Club Mondays and Tuesdays 3-4pm GS3 Future Pathways Club Wednesdays 3-4pm GS3
Reminders and key dates		Wednesday 8 th October – 6 th Form Open Evening – 6pm to 8pm Friday 10 th October – World Mental Health Day – activities in school! Wednesday 22 nd October – 'Empowering families to be Support Savvy' – 5pm - 7pm Friday 24 th October – School closes at 3pm for Half Term

Click the link to see what clubs are on next week:

<https://www.poulet.co.uk/wp-content/uploads/2025/09/26.-Student-Leadership-and-Extra-Curricular-@-Poulet-High-School-2025-26.pdf>

EVERYONE INCLUDED

Some attendance facts from Mrs McArthur:

Just one missed day of school is associated with a £750 loss in future earnings.

Persistently absent students could be earning £10,000 less at the age of 28 than those with near perfect attendance.

Links to the two DFE documents I referred to in the Achievement Matters evenings:

https://assets.publishing.service.gov.uk/media/67d2cf8f4702aacd2251cbae/The_impact_of_school_absence_on_lifetime_earnings.pdf

https://assets.publishing.service.gov.uk/media/67c96d7dd0fba2f1334cf2ed/The_link_between_attendance_and_achievement_in_an_assessment_year_-_March_2025.pdf



ATTENDANCE

WHY IT MATTERS

Persistently absent secondary
school pupils could earn


£10,000

LESS ON AVERAGE

at age 28 compared to pupils with
near-perfect attendance

The School Day – 2025-26

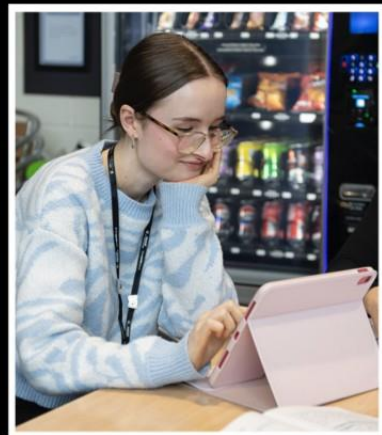
(A CONTINUOUS SINGLE TONE SIGNIFIES LOCKDOWN)

School Day		
		
Movement Bell	8.27	8.27
Form Time	8.30 – 9.00	8.30 – 9.20
Lesson 1	9.00 – 10.00	9.20 – 10.00
Lesson 2	10.00 – 11.00	On a rolling basis, throughout the two-week timetable, there will be a weekly 50-minute Personal Development (PD) Lesson... Week 1 – Monday; Week 2 – Tuesday etc.
Break	11.00 – 11.20	
Lesson 3	11.20 – 12.20	
Lesson 4	12.20 – 1.20	
Lunch	1.20 – 2.00	
Lesson 5	2.00 – 3.00	
Bells at: 8.27; 11.00; 11.20; 11.23; 1.20; 2.00; 2.03		

Autumn Term 2025	Spring Term 2026	Summer Term 2026
OPEN Wed. 3 rd Sept - Yr7 Thur. 4 th Sept - all students	OPEN Monday 5 th January	OPEN Monday 13 th April
Last day of half term Friday 24 th October	Last day of half term Friday 13 th February	Last day of half term Friday 22 nd May
HALF TERM	HALF TERM	HALF TERM
OPEN Monday 3 rd November	OPEN Monday 23 rd February	OPEN Monday 1 st June
Last day of term Friday 19 th December	Last day of term Friday 27 th March	Last day of term Friday 17 th July

Bank Holiday: Monday 4th May 2025 – School Closed
 Training Days: Monday 1st September 2025; Tuesday 2nd September 2025; Friday 3rd October 2025; Friday 3rd July 2026; Monday 20th July 2026

And finally...Hot on the heels of our Year 6 Open Evening...



6TH FORM OPEN EVENING

WEDNESDAY 8TH OCTOBER 2025

18:00 - 20:00

Take a tour behind the scenes of a successful school.
Listen to inspirational teachers talking about how we
ensure our students flourish. See for yourself why we
continue to grow in popularity.



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