

The Paulet Post



| Week beginning | 13th O | ctober 2025 | Week | А | В | Menu Week 1 | |
|--|--|-----------------------------------|------|---------------------------|---------|--|--|
| Personal Development theme (extended form is Monday) | 7 | Financial education | | 10 | Emplo | Employment rights | |
| | 8 | Careers and aspiration | | 11 | Study | Study Skills | |
| | 9 | Finance, budgeting and employment | | 6 th Form | 13 – bi | 12 – Answering interview questions 13 – bullying and harassment in the workplace | |
| Theme of assemblies | Y7-11 'Black History Month' 6 th Form 'Getting to University' | | | Year Leader Assemblies | | House Assemblies | |
| Career of the week: Web Designer | Here is our career of the week! Our hope is that you will watch this short clip with your child and discuss it together. JOB OF THE WEEK - EPISODE #92 - WEB DESIGNER | | | | | | |

News and messages from Mr McArthur



Here is a photo of our latest 'lost property haul' with some rather lovely water bottles – please name everything so we can reacquaint students with their belongings.

Happy Friday! We had another wonderful Open Evening on Wednesday (6th Form) which was very well attended by our students and students from many other schools.

Our Year 9 netball team competed on Wednesday last week in their first tournament. They represented our school amazingly and can't wait for their next matches as a team. Well done to Laci, Niamh, Ella, Grace, Annelise, Grace, Isabel & Jemimah.

Please remember - On Wednesday 22nd October it is our annual 'Empowering Families to be Support Savvy' evening – 5pm to 7pm. Please come along to meet many of the agencies that work with us to support our families with a variety of topics.





During assemblies this week I have been talking about mental health awareness and particularly how to combat low mood through JOY! I shared things that help me when I'm feeling low like walking, time with family and building LEGO. If you have some time, discuss this with your child; it can be a very powerful discussion. As it's Mental Health Awareness Day today we treated the staff to a nice breakfast before school. My theory... look after the staff and the staff will look after your children!





'SummerThing Different Challenge' before joining us in September. A

And finally – well done to these Year 7 students who completed the certificate, enamel badge and chocolate treat from me to say well done. Have a great weekend,



Ian McArthur

Headteacher.

Student(s) of the week

Scarlett – Year 7



Scarlett is a Year 7 pupil who has raised money for charities for the past few years. She has also donated hair to Princess trust (2023), done a pretty muddy race for life (2024), completed a 31-day challenge for miles for smiles (2025) and now is also trying to raise as much money as possible for the incredible Bella (see below). Scarlett will be running the 5k brewers run on 26th of October; If you would like to support her, please donate on this link: https://www.justgiving.com/page/incredibella-scarlett-5k

Meet Bella, a brave and beautiful fouryear-old girl who was born 11 weeks early alongside her twin sister. Bella lives with hydrocephalus and cerebral palsy, and she's been overcoming challenges since birth. She receives weekly physiotherapy to help her learn to walk that has to be

funded privately, and she's preparing for a major surgery that could change her life. After surgery, Bella will need new equipment like walkers, walking sticks and a wheelchair, as well as ongoing therapy to support her recovery. Every donation helps Bella take one step closer to walking on her own — and to a future full of possibility.



Staff Profile... who's who!

Mrs Mahmood



Mrs Mahmood started in September in our Business and Computing Department. She is teaching Computing and Business across all year groups and has added GCSE Business Studies to our curriculum offer which is very exciting. This is what she has told me:

'My name is Aleena and this is my 4th year as a teacher. I got married in August and have been busy decorating (and cleaning) my new home! Over the past year or so I have started to enjoy reading. My favourite book that I have read so far is "Cultish" by Amanda Montell. I also love gardening, murder documentaries and drinking tea. So far, I have loved working at Paulet. All the staff are extremely kind and welcoming, and the kids are wonderful too (most of the time). I am looking forward to this next year at Paulet.'

| Member of staff | Year group(s) | Noice: | | |
|---------------------------|------------------|---|--|--|
| Miss Lowson | 10&11 | Past paper club for Physics is on Tuesday afterschool in SC3. Come and do a past paper and improve your grade. | | |
| Mrs McArthur | All | Printed below are the links to the two DFE documents I referred to in the Achievement Matters evenings. | | |
| Miss Lowson | 10&11 | Physics drop-ins will be on Tuesdays at lunch time in ML2. Bring your lunch along. All are welcome. Subject is National grid | | |
| Miss Wilford | KS4 | GCSE Spanish students to learn key nouns. | | |
| Mrs Ireland | Parents | If you have a career that you would like to share with our students, please email me to come in and do a lunchtime talk. We would like to restart our 'lunch with a' careers talks as they proved very popular last year. k.ireland@phs.jtmat.co.uk | | |
| Miss Dartford | KS3 | Art Club Thursday after school in AR2 3 – 4pm | | |
| Mr Peach | All | Coming soon-code Club. If you are interested in coding or computer programming, look out for more information from Mr Peach soon. | | |
| Miss Dalby | All | Win one of five £250 National Book Tokens, see below: <u>Help them write their next chapter – win one of five £250/€250 National Book</u> <u>Tokens! National Book Tokens</u> | | |
| Mrs Gadsby Miss Boston | All | Drama club - Wednesday lunch time - Every week - Anyone welcome! PA2 | | |
| Data manager | Parents | If you haven't yet set up your MCAS account, you can contact j.woodberry@phs.jtmat.co.uk or call the school office and ask for Jo Woodberry. MCAS is where you can see timetable, attendance, behaviour and home learning information. We will be sending out reports in MCAS instead of Go for Schools | | |
| Mr Jackson | All | Sports clubs from 3-4pm. Tuesday- Girls' football (courts or field-bring boots if you have them & trainers) & Badminton (sports hall) Wednesday-Boys football (field) Thursday-Netball (sports hall) ALL clubs are open for ALL year groups! | | |
| Mrs Farrimond | 11 | Chemistry drop-in sessions run Monday Lunch time in SC1 with Mrs Farrimond. This is for combined and separate chemistry students | | |
| Mr Parker | 7 & 8 | Science club Tuesday 3-4pm in SC2 | | |
| Miss Gordon | 11 | French club for Year 11 students after school on Wednesdays from 14.50 to 15.45 | | |
| Mr Parker | 7 & 8 | Pokémon club Monday lunchtime in SC2 | | |
| Dr Banks | All | Home Learning Club Mondays and Tuesdays 3-4pm GS3 Future Pathways Club Wednesdays 3-4pm GS3 | | |

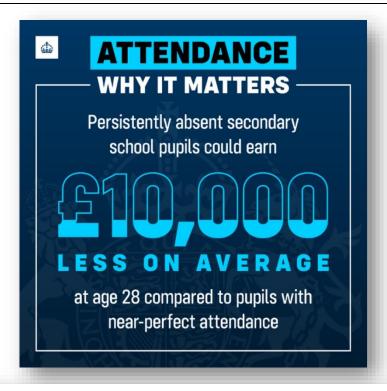
Reminders and key dates

Wednesday 22nd October – 'Empowering families to be Support Savvy' – 5pm - 7pm Friday 24th October – School closes at 3pm for Half Term Fortnight beginning 3rd November – Trial exams for year 11 and 13

Click the link to see what clubs are on next week:

https://www.paulet.co.uk/wp-content/uploads/2025/09/26.-Student-Leadership-and-Extra-Curricular-@-Paulet-High-School-2025-26.pdf

EVERYONE INCLUDED





🎇 Empowering Families to be Support Savvy 👯

Date: Wednesday, 22nd October

Time: 5:00 PM − 7:00 PM
 Location: Paulet High School

Highlights Include:

•Free prize draw - win a hamper!

 Rare opportunity to meet our partner agencies who support our students and their families.

•Find out about support available within Paulet and talk to those delivering it.

Register Interest Now email <u>n.bradley@phs.jtmat.co.uk</u> with your full name (you will also receive an extra entry into the prize draw.)